

MOM SET FREE

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Bible Verses To Remember When I Need the Peace of God:

- *“Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.” (Proverbs 3:5-6, ESV)*
- *“do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” (Philippians 4:6-7, ESV)*
- *“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.” (1 Peter 5:6-7, ESV)*

Truth To Carry Today: *God is big enough and strong enough to carry my burdens and worries. And, because my God is big enough, I trust that in Him, I am enough for whatever each day brings*

Activity Options:

Option 1: Personalize one of the verses above by adding in your own name and write it on a notecard. Then hang the notecard where you'll see it every day!

Option 2: Take a few minutes to sit down with your children and discuss these verses with them. Encourage your children to personalize a verse and hang it up at home or in their lockers at school.