

# The Dream of You BY JO SAXTON

Understanding who we are in Christ and having scriptures to back that up helps us make it through difficult times because it helps us remember that, even when we can't see it or feel it, God is still moving and working.

Sweet friend, say these three phrases out loud several times a day to plant these seeds of truth in your heart. God will water them and grow within you deep roots of love, hope and faith.

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## 1. God knows me.

*"You have searched me, LORD, and you know me." (Psalm 139:1, NIV)*

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## 2. God sees me.

*"She gave this name to the LORD who spoke to her: 'You are the God who sees me,' for she said, 'I have now seen the One who sees me.'" (Genesis 16:13, NIV)*

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## 3. God loves me.

*"See what great love the Father has lavished on us, that we should be called children of God!" (1 John 3:1a, NIV)*

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