Get Out of Your Head

STUDY AT A GLANCE

JUNE 28 — AUGUST 6 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
June	28 OBS TODAY at 9 a.m. ET NEW BLOG POST (with OBS video)	29 REAI	30 NEW BLOG POST (with BSC) Chapters	Bible Study LIVE at the Table at 8 p.m. ET 1 - 3	2 NEW BLOG POST (with teaching video)
July	OBS TODAY at 9 a.m. ET NEW BLOG POST (with OBS video)	6 REAL	NEW BLOG POST (with BSC) Chapters	Bible Study LIVE at the Table at 8 p.m. ET 4 - 6	NEW BLOG POST (with teaching video)
	OBS TODAY at 9 a.m. ET NEW BLOG POST (with OBS video)	13 READ	NEW BLOG POST (with BSC) Chapters	Bible Study LIVE at the Table at 8 p.m. ET 7 - 9	16 NEW BLOG POST (with teaching video)



	Monday	Tuesday	Wednesday	Thursday	Friday
	19	20	21	22	23
	OBS TODAY at 9 a.m. ET NEW BLOG POST		NEW BLOG POST (with BSC)	Bible Study LIVE at the Table at 8 p.m. ET	NEW BLOG POST (with teaching video)
	(with OBS video)	READ	Chapters	10 - 12	
	26	27	28	29	30
	OBS TODAY at 9 a.m. ET		NEW BLOG POST (with BSC)	Bible Study LIVE at the Table	NEW BLOG POST (with teaching video)
	NEW BLOG POST (with OBS video)	READ		at 8 p.m. ET 13 - 14	G
St	2	3	4	5	6
dus	OBS TODAY at 9 a.m. ET		NEW BLOG POST	Bible Study LIVE at the Table	NEW BLOG POST (with teaching video)
AU	NEW BLOG POST (with OBS video)	READ	(with BSC) Chapters	at 8 p.m. ET 15 – 16	Ç

OBS Today is a live video talk show on our P31 OBS Facebook page where we discuss topics we're learning in the study.

New Blog Post is a post on our blog that has information to help guide you through the study. You'll also receive it via email. **Bible Study LIVE at the Table** is a live video on our P31 OBS Facebook page where we watch the weekly teaching video together and participate in a group discussion, where you're invited right to the Table.

(with OBS video) is a weekly video from the P31 OBS team to intro each week of study.

(with BSC) the Bible Study Companion is a FREE downloadable/printable resource with in-depth lessons and questions to take your study deeper.

(with teaching video) is a weekly teaching video from Jennie Allen to go with the study. They're available until August 6.

