

GOOD BOUNDARIES AND GOODBYES

BY LYSA TERKEURST

JANUARY 23-MARCH 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	23	24	25	26	27	28
	WEEK 1: INTRODUCTION -CHAPTER 2 STUDY EMAIL		STUDY EMAIL		STUDY EMAIL	
29	30	31	1	2	3	4
	WEEK 2: CHAPTERS 3-4 STUDY EMAIL		STUDY EMAIL		STUDY EMAIL	
5	6	7	8	9	10	11
	WEEK 3: CHAPTERS 5-6 STUDY EMAIL		STUDY EMAIL		STUDY EMAIL	
12	13	14	15	16	17	18
	WEEK 4: CHAPTERS 7-9 STUDY EMAIL		STUDY EMAIL		STUDY EMAIL	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24	25
	WEEK 5: CHAPTERS 10-11 STUDY EMAIL		STUDY EMAIL		STUDY EMAIL	
26	27	28	1	2	3	4
	WEEK 6: CHAPTER 12 -CONCLUSION STUDY EMAIL		STUDY EMAIL		STUDY EMAIL	

- JANUARY
- FEBRUARY
- MARCH