

hidden joy in a dark corner

BY WENDY BLIGHT



Welcome to **Week 1!** Katrina Wylie from Bonney Lake, Washington will be your study leader getting things rolling over on our [study blog](#) this week!

Verse Memorization Tip from Kat! The first step to getting God's Word in our hearts is *committing*. Once you've made the commitment to memorize this week's verse, [Ezekiel 36:26 \(NIV\)](#), put in the work by *practicing it daily!*

Giveaway! Every time you comment on the blog this week, you'll be entered for a chance to win the *Hidden Joy* book and our *Spiritual Disciplines 101 Teaching Series*! Seven winners will be randomly selected and notified within a week via a reply to their winning comment on the blog.

Study Hashtags: Use #P31OBS and #HiddenJoyBook when sharing on social media.

Monday

- Check out the study kickoff with Kat on today's blog to view the first P31 OBS video!
- Drop by our blog comment section to take part in our community.
- Read the introduction chapter, "Our Journey Begins." (Read [here](#) if needed.)

Tuesday

- Read Chapter 1, "Valley of Weeping." (Read [here](#) if needed.)
- If you purchased the optional *Spiritual Disciplines 101 Teaching Series*, watch your email for information on how to catch Session 1, "The Discipline of Prayer," with Joel Muddamalle, Wendy Blight and Melissa Taylor at 3:30 p.m. ET today.

Wednesday

- Head to today's blog to grab your first Bible Study Companion and complete Part 1.
- Don't forget to stop by our blog comment section to share and connect!

Thursday

- Dig into Part 2 of this week's Bible Study Companion (shared in Wednesday's blog), or use this time to catch up on any Week 1 study content.

Friday

- Join Wendy Blight on today's blog for an encouraging wrap-up on what we've learned!
- Share about your first week in our blog comment section.

For Your Weekend

- Grab and use the Week 2 section of the [Week at a Glance](#) to get ready for next week!

Know the Truth. Live the Truth. It changes everything.