



psalm 23:

BY JENNIFER ROTHSCHILD



Welcome to **Week 1 — Your Shepherd's Got Your Back!** Kicking things off and leading you this week on our [study blog](#) is Anna Currin.

Verse Memorization Tip from Anna! *This week is all about [Psalm 23:1!](#) It's short but powerful! Write it down and keep it handy. Pull it out and repeat it as your personal mantra each time you find yourself facing something you want but shouldn't have.*

Study Hashtags! Sharing on social media? Use #P31OBS and #Psalm23Study.

Giveaway! All blog comments this week are entered to win a [Psalm 23](#) book and [teaching series](#). Five winners will be selected and notified within one week via a reply to their comments.

Tuesday

- Get started with the P31 OBS video on today's blog and stop by our comment section!
- Complete this week's Day 1 bookwork in your *Psalm 23* book.
(Waiting for your book? Download the [Week 1 book content](#) for FREE! Need help with the activities in the bookwork? Use these [how-to steps!](#))

Wednesday

- Head to today's blog for some midweek study reflection and blog community connection.
- Complete this week's Day 2 bookwork in your *Psalm 23* book.

Thursday

- Complete this week's Day 3 bookwork in your *Psalm 23* book.
- Purchased the optional [teaching series](#)? Watch your email for info to join Session 1, "Encountering Jesus in the Psalms" at 9:30 a.m. ET with P31 staff, Karen McNary.
- On Facebook and want to watch and discuss Session 2 of the *Psalm 23* videos? Join us on our [P31 OBS page](#) at 8 p.m. ET for Bible Study LIVE at the Table!

Friday

- Complete this week's Day 4 bookwork in your *Psalm 23* book.
- Check out today's blog and interact in the comments to remember all we've learned!

For Your Weekend

- Miss Thursday's Bible Study LIVE at the Table? No prob! The Session 2 *Psalm 23* video can be viewed for free on Friday's blog through September 12. Turn to page 40 to begin!
- Take your first "Green Pasture Day" by completing this week's Day 5 bookwork.
- Grab the [Week 2 Week at a Glance](#) to plan for next week!

Know the Truth. Live the Truth. It changes everything.