



# psalm 23:

BY JENNIFER ROTHSCHILD



Welcome to **Week 5 — Your Shepherd Calls You His!** Back to keep us rolling over on our [study blog](#) is Brandy Patton.

**Verse Memorization Tip from Brandy!** *Time to focus on [Psalm 23:5!](#) Choose some simple movements to “act out” the verse while you repeat it out loud daily. While it may feel awkward at first, engaging our body while learning is known to strengthen our ability to remember things.*

**Study Hashtags!** Share on social media using hashtags #P31OBS and #Psalm23Study.

**Giveaway!** One blog commenter will win (and be notified within one week via a reply to their comment) [Invisible, Me, Myself and Lies](#) and [Me, Myself and Lies \(for young women\)](#).

## Monday

- Begin your week with the P31 OBS video and connecting in community on today's blog!
- Complete this week's Day 1's bookwork in your *Psalm 23* book. (For help with the activities in the bookwork, refer to these [how-to steps](#).)

## Tuesday

- Complete this week's Day 2 bookwork in your *Psalm 23* book.
- If you purchased the optional [teaching series](#), join Session 3, “Your Questions Answered” at 11:30 a.m. ET with P31 OBS biblical content specialist, Wendy Blight.

## Wednesday

- Read Brandy's midweek reflection message and engage in community on today's blog!
- Complete this week's Day 3 bookwork in your *Psalm 23* book.

## Thursday

- Complete this week's Day 4 bookwork in your *Psalm 23* book.
- Another Bible Study LIVE at the Table is at 8 p.m. ET! Watch and discuss Session 6 of the *Psalm 23* videos with us on our [P31 OBS Facebook page](#).

## Friday

- Do this week's Day 5 Green Pasture bookwork to record what you want to remember.
- Join Brandy and connect with others on today's blog for a wrap-up of this week!
- Don't miss the Session 4 *Psalm 23* video with Jennifer Rothschild, which can be viewed for free on today's blog through October 10. Turn to page 170 to begin!

## For Your Weekend

- Plan your last week of study using the [Week 6 Week at a Glance!](#)

*Know the Truth. Live the Truth. It changes everything.*